

Emergency Help for Multilingual Families



For More Help On-line Please point camera at QR Code above ↑

Call the Community Resource Hotline for help in other languages 434-234-4490

1. If you are sick, with fever, cough, difficulty breathing, please call your primary care doctor. If you do not have a doctor, BEFORE going to the Hospital, call

- call 434-982-6843, UVA COVID-19 help line
- OR 434-972-6261 TJHD COVID-19 Hotline for medical questions.
- Teledoc (UVA employees only) <https://hr.virginia.edu/benefits/teladoc>

2. If you lost your job or have had financial problems due to COVID-19, you may be eligible for cash benefits and other funds.

- a) Contact the UVA Emergency Assistance Fund:** 434.243.3344 or <https://hr.virginia.edu/covid-19/assistance-fund>. (Hay una solicitud en español también.) The UVA Emergency Assistance Fund provides money for some expenses caused by COVID-19. Covered expenses may include shelter or temporary housing, medical expenses not covered by insurance, childcare, and extra food needed because family members are at home. You must be able to write and explain that these expenses CANNOT be covered by insurance. You must also write that this expense is a one-time need (not a repeating need).
- b) Apply for unemployment insurance benefits** with the Virginia Employment Commission: <https://www.vec.virginia.gov/> or 1-866-832-2363, Mon-Fri. 8:15 AM-4:30 PM
 - Unemployment insurance benefits are cash benefits that the government provides to workers who lost their job. You must apply for this benefit.
 - If you lost your job due to COVID-19, and you cannot find any other work, you can file for Unemployment Insurance in the state of Virginia.
- c) Contact the Charlottesville Area Community Foundation for emergency funding:** funding is available to households and families who need help because of COVID-19. https://cacf.iad1.qualtrics.com/jfe/form/SV_8i6r4V7PoMRShLv
 - Payment amounts are between \$500-\$1000

- You must provide: Name, Phone number, Email, Address, How many people live in your house, Description of what you need because of COVID-19, How much money you need, How they can give you the money (check, direct deposit, or other form of payment).
- You must live in the city of Charlottesville or the counties of Albemarle, Buckingham, Fluvanna, Greene, Louisa, Nelson, and Orange to qualify and apply.
- To apply, call the Community Resource Hotline at (434) 234-4490 between 9am-5pm Monday-Friday.
- Multiple translation languages are available.

3. If you need help with food,

- For information about meals for children and school-aged students, check with your child's school: charlottesvilleschools.org/food or <https://www.k12albemarle.org/acps/division/Pages/Student-Meal-Service.aspx>
- Cville Cares hotline for grocery/prescription pickup for people who cannot leave their homes, and other material support: (434) 214-0454 or email cvillecares@gmail.com

4. If you need help getting your medications

[Charlottesville Free Clinic Pharmacy](#), (434) 295-895, pharmacy@cvillefreeclinic.org

5. If you need diapers, wipes, or formula, Call Donor Diapers for delivery, (434) 214-0345. <https://donordiapers.wixsite.com/moms4moms>

6. If you are a refugee, asylee, or SIV who arrived in the U.S. between 2016 & 2020

the International Rescue Committee (IRC) can help you apply for Unemployment Insurance and other benefits with the help of an interpreter.

- Please contact the IRC at Charlottesville@rescue.org or call 434-979-7772 and leave a message with your name and telephone number.

7. If you need free Internet

Comcast is providing 2 months of free internet access because of COVID-19.

- Go to www.xfinity.com/wifi to see where Xfinity "Hotspots" are available.
- Enter your zip code at the bottom of the page to find Hot Spots near you.
- Once at a Hotspot, select "xfinitywifi" network name in the list of available hotspots, then open a browser such as Safari, Chrome, Firefox, Internet Explorer.

For help accessing community resources, please contact Stuart Munson, UVA-HR Community Resource Specialist at Scm5rw@virginia.edu, 434 243 3672

Please contact visas@virginia.edu with updates or questions about this handout, prepared in partnership with UVA's CAELC/VISAS, the UVA Equity Center, UVA-HR, TJ-ACE at PVCC, the UVA CARES Project, The International Rescue Committee, among many others.